

Girls Summer Development League 2017

5th-8th Grade Girls - Summer Development League

Philosophy

- #1 Skill Development Focus on individual basketball skills to improve each athlete's skill set
- **#2 Team Practice** Carryover individual skills into team practices focus on all aspects of offensive and defensive team play
- #3 Scrimmages/Tournaments Application of practices and skill work

Focus

The primary focus of the Summer Development League is to improve each individual athlete's skill set and teach athletes offensive and defensive systems through team practices. Scrimmages and tournaments are components of the Summer Development League, but not the main focus.

- <u>Please note: the Summer Development League is not an Avera Select Team.</u>
 - o Program runs June-July starts June 6th
 - o Minimum of 14 team and skill development practices (75 120 minutes)
 - Tuesday Evening Practices & Friday AM Practices
 - o 3-4 Scrimmages/Tournaments dates TBD (tournament entry fees not included)
 - Numbered uniform included
 - Connor Nagle and Shaunteva Ashley-Pruitt of Warwick Workouts will be running all practices and coaching.

Cost: \$345 This includes everything except the tournament entry fees. Tournament fees will be collected at the time of event from the athletes able to participate.

Space is limited, register today!

For questions contact Connor Nagle (507) 459-5930 or Email: connornagle24@gmail.com or warwickworkouts@gmail.com

Girls Summer Development League Registration Form 5th-8th Grade Girls (Register according to the grade you will be in the Fall of 2017)

June & July 2017

Name of Athlete	Grade School
Parent Name	Phone Number
Email Address	Please Make Checks to Payable to: Avera Sports
Please send full payment and registration form to:	Avera Sports Center c/o Connor Nagle 209 W Anchor Lane Sioux Falls, SD 57108